

CALTHWAITE CHURCH OF ENGLAND SCHOOL

Calthwaite
Penrith
Cumbria
CA11 9QT

Phone / Fax: 01768 885277

Email: admin@calthwaite.cumbria.sch.uk

Website: www.calthwaite.cumbria.sch.uk

Headteacher: Mr J. Harvey



Newsletter for Friday 2nd February 2024

Children's mental health week:

Children's Mental Health Week 2024 will take place from 5-11 February 2024. This year's theme is 'My Voice Matters'.

On Tuesday 6th February, we have arranged for West End in Schools to deliver drama workshops to all classes entitled, "Emotion Explorers." Emotion Explorer workshops empower children to feel confident in recognising, sharing and expressing their feelings. The active, energising workshops support a whole-school approach to emotional wellbeing; with a focus on building empathy and emotional resilience through play. More information can be found using this link.

FRIDAY 9th FEBRUARY will be a NON-UNIFORM DAY and children can come dressed in whatever makes them feel comfortable, footwear should be suitable for playing outside.

P.E:

Wednesday-all classes

Thursday-all classes

Forest School:

9th February- Class 1

Future dates:

5-9th February-Children's mental health week (non-uniform on the Friday)

8th February 5-a-side football-Years 3 & 4

19th February-23rd February- Classes 1 & 2 swimming

Half term- week beginning 12th February

World Book Day- 7th March



Parents' evening-25th-26th March

End of term 28th March (1:30 finish)

Free school meals and clothing vouchers

Apply online to see if your child or children can get free school meals and clothing vouchers. In certain circumstances free school meals are available to families with no recourse to public funds.

[Free school meals and clothing vouchers | Westmorland and Furness Council](#)

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CALTHWAITE SCHOOL SUPPORT GROUP

WHO ARE WE AND HOW YOU CAN GET INVOLVED?

We are a group of parent/carer volunteers who give their time to raise much needed funds to improve our school and create a better learning experience for our Children.

WHY GET INVOLVED?

- Having a Child in this school means you are part of us
- We have Parents who work full time and part time, any time you can give is welcome
- Being involved is a great way to get to know the school and other parents

IT'S GOOD FOR THE SCHOOL!

- Schools are becoming more dependent on Parent volunteer groups for fundraising to supplement the School budgets
- You will play an important role in helping the School to acquire key resources, as well as reward the children with some well-earned treats

IT'S GOOD FOR YOU!

- At meetings you can have your say
- You can suggest ideas and have an input into how funds are spent
- Whether you want to organise an event or simply help out on the day, you can utilise your existing skills and hobbies and may acquire some new ones too!

Please visit the School Web site to keep up with the latest meetings, news and events. Next meeting is: **25th April 2024**

You can contact Dawn (Chairperson) at dawnmedd85@gmail.com or Rachel (Secretary) at 07930 964459 for more information.





£25 FOR THE DAY

GYMNASTICS AND DANCE CAMP

@ULLSWATER COMMUNITY COLLEGE, PENRITH

COME ALONG FOR SOME VALENTINES FUN
GYMNASTICS
DANCE
CRAFTS
GAMES



10AM - 3PM

BRING A PACKED LUNCH AND A DRINK

FRIDAY 16TH FEBRUARY

TO BOOK CONTACT LMCOACHINGPENRITH@GMAIL.COM

