

Autumn term 1 menu – weeks 5-7

| | w/c 04/11/2024 | 11/11/2024 | 18/11/2024 | 25/11/2024 |
|-----------|--|--|--|--|
| Monday | Pasta with fresh tomato sauce and grated cheese. Strawberry cake. | Macaroni cheese and baked beans. Lemon muffin. | Spaghetti with pesto and grated cheese. Chocolate cake. | Pasta with cheese & bacon Shortbread |
| Tuesday | Spaghetti bolognese and sweetcorn. Rock bun (fruity cake). | Turkey meatballs with rice and veg. Flapjack | Mild chilli with rice & veg Ginger muffin. | Lasagne with Garlic bread Raspberry muffin |
| Wednesday | Roast Chicken dinner (+ mackerel pate on crackers). Yoghurt, granola and honey. | Roast Ham dinner. Milkshake- chocolate or banana. | Roast Chicken dinner. Jam sponge & Custard | Roast ham dinner Ice cream and warm chocolate sauce |
| Thursday | Margherita pizza and baked beans. Shortbread slice. | Cottage pie and mixed veg. Jam sponge. | Sausages, pasta twists, veg and gravy. Syrup sponge. | Sausage meatballs, pasta and gravy Orange cake |
| Friday | Fish fingers, chips and baked beans. Cookie and milk. | Breaded fish, wedges and beans. Ginger cookie | Fishcake, herby potatoes and peas, Choc chip cookie and milk. | Breaded fish, chip and beans Oaty cookie |

There is usually a daily choice of jacket potato, baguette or bread roll with egg, cheese or tuna filling. Ham baguettes or rolls are also available. Fresh fruit or yoghurt is usually available as an alternative dessert. **Food Allergies and Intolerances: - Before you order food please ask staff if you want to know about our ingredients.**