

Me and my Relationships

Lesson

Vocabulary

happy
safe
caring
friendly

Our ideal classroom (1)

rules

Our ideal classroom (2)

feelings
showing feelings
help

How are you feeling today?

feelings
help

Let's all be happy!

friendly
friendship

Being a good friend

bullying
repeated

Types of bullying

Valuing Difference

bullying	Don't do that!	Bullying or teasing?	What makes us who we are?	My special people	How do we make others feel?	When someone is feeling left out	An act of kindness	Solve the problem
help	bullying	unique	special	pec feelings	feelings	kind	listening	
don't do that	teasing	respect	help	behaviour	cooperate	kindness	being listened to	
	repeated			calm		unkind	listen	
	regular			aggressive		feelings	problem	
				solve				

Keeping Safe

	Harold's picnic	How safe would you feel?	What should Harold say?	I don't like that!	Fun or not?	Should I tell?	Getting on with others
sleep	safe	safe	touch	touch	surprise	responsibility	
medicines	unsafe	unsafe	feelings	hurt	secret	help	
safety	feelings	feelings	uncomfortable	uncomfortable	safe	share	
	worried	getting help			unsafe	take turns	
					tell	listen	

Rights and Respect

When I feel like erupting

feelings
control
erupt

safe
unsafe
uniform
ask for help

Feeling safe

gamer
personal information
internet
risk

Playing games

money
spending
saving

Harold saves for something special

money
spending
saving

Harold goes camping

Being my Best

How can we look after our environment?

environment
responsibility

practice
encourage
goal
achieve
challenge

You can do it!

choose
choices
healthy
unhealthy

My day

vaccination
injection
disease
hygiene
germs

Harold's postcard

teeth
dental
hygiene

Harold's bathroom

brain
heart
lungs
stomach
small intestine
large intestine
food
water

What does my body do?

oxygen
water
food
exercise
rest

My body needs...

Basic first aid

first aid
risk
accident
danger
hazard
kettle
safe
burn
scald
accident
emergency

help
support
supportive

A helping hand

change
loss
feelings
emotions
frightened
nervous

Sam moves away

growing
food
rest
sleep
care
learning
change
forward looking
making choices
asking permission

Haven't you grown!

1d Changing

unique
special
penis
scrotum
vulva
nipples
private parts
my body is mine (body autonomy)
sperm
eggs
ovaries
womb
pregnancy

My body, your body

genitals
penis
vulva
private
privacy
consent
permission

Respecting privacy

genitals
penis
vulva
private
private parts
consent
permission
secret
uncomfortable
unsafe
tell
someone you trust

Some secrets should never be kept